

Help prevent the spread of COVID-19.

**Do not  
enter if:**



**You are  
experiencing any of  
these symptoms:**

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell
- Diarrhea
- Fever

**You have a measured  
temperature greater  
than or equal to 100  
degrees Fahrenheit  
(37.8 degrees Celsius).**

**You've had known  
close contact with a  
person who is  
lab-confirmed  
to have COVID-19.**

**Kindly stay home and contact  
us about turning in your  
pledges and receiving prizes.**

Email us at [walk@newlifesolutions.org](mailto:walk@newlifesolutions.org) to make arrangements.